

A modelling study of pulsed radiofrequency for pain relief

E. Ewertowska¹, B. Mercadal², V. Muñoz³, A. Ivorra^{2,4}, M. Trujillo⁵, E. Berjano¹

¹ Department of Electronic Engineering, Universitat Politècnica de València, Spain;

² Department of Information and Communication Technologies, Universitat Pompeu Fabra, Spain;

³ Neurotherm Spain, ⁴ Serra Húnter Fellow Programme, Generalitat de Catalunya, Spain;

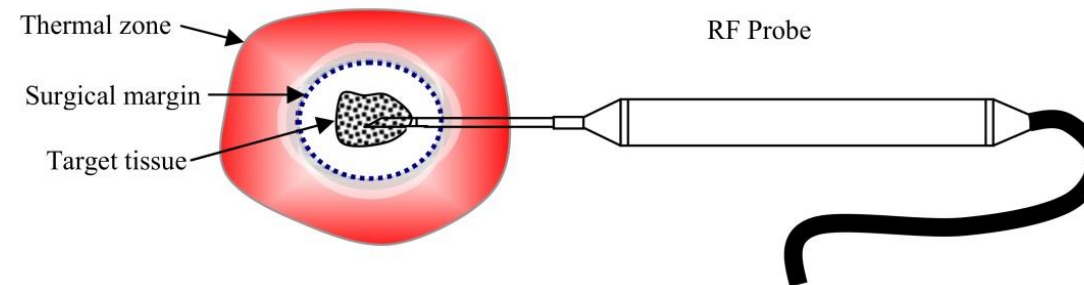
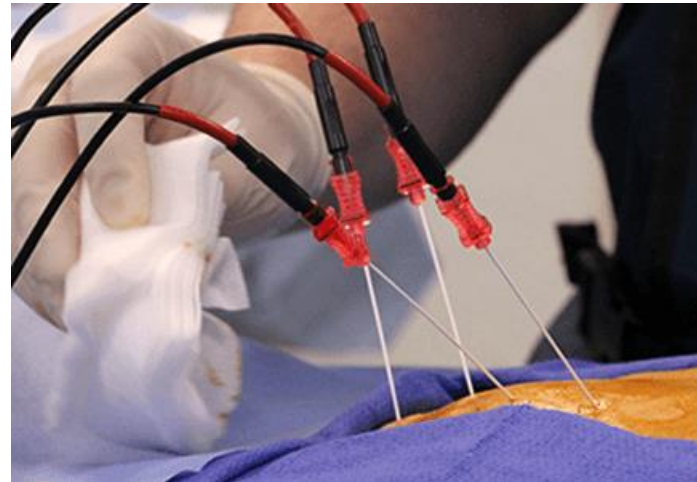
⁵ Instituto Universitario de Matemática Pura y Aplicada, Universitat Politècnica de València, Spain;

Overview

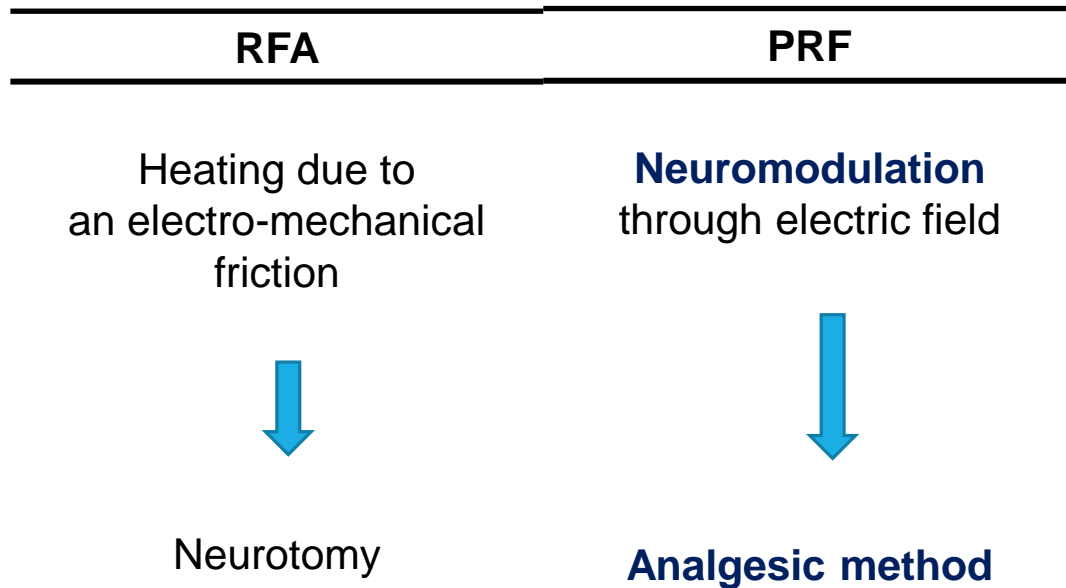
1. THEORY
2. MOTIVATION
3. COMPUTER MODELLING WITH COMSOL
4. RESULTS
5. CONCLUSIONS

Radiofrequency heating

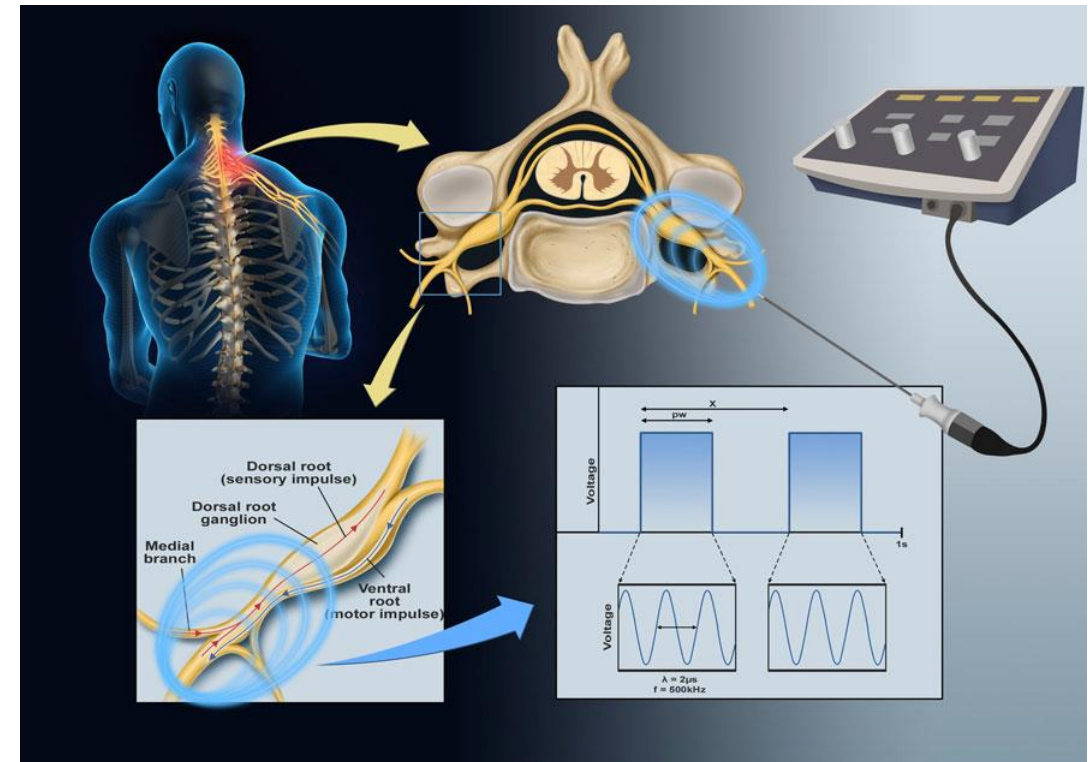
Minimally invasive technique for long-term pain relief in peripheral nerve injury



Pulsed radiofrequency (PRF)



- Short, high – voltage pulses with high frequency current
- Reduces thermal lesion restricting temperatures to 42°C

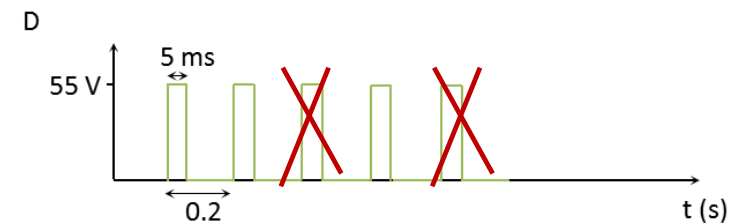
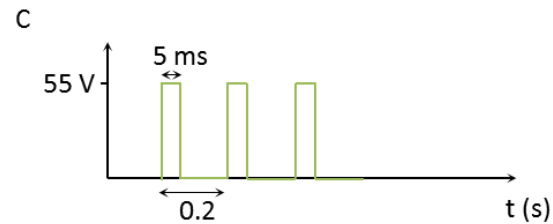
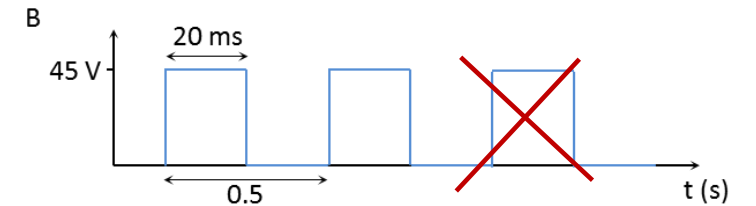
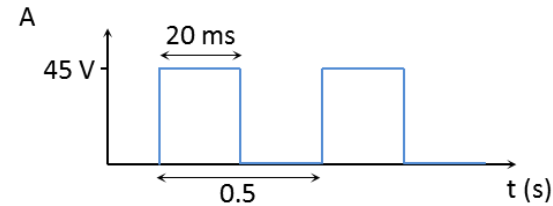


Chua et. al., 2011

Pulse protocols for PRF

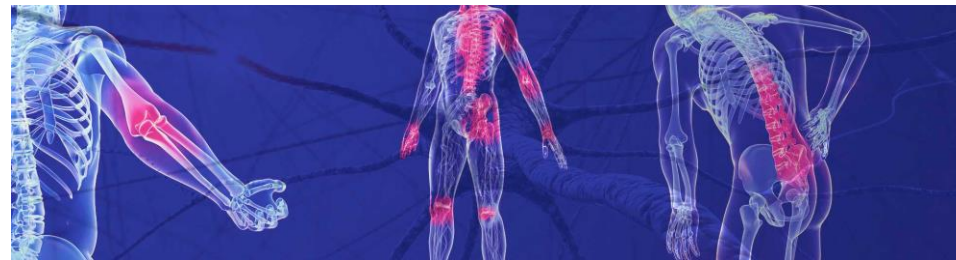
	A	B	C	D
Pulse duration [ms]	20	20	5	5
Repetition frequency [Hz]	2	2	5	5
Voltage [V]	45	45	55	55
Temperature controller (TC)	-	+	-	+

Comparable electric dose

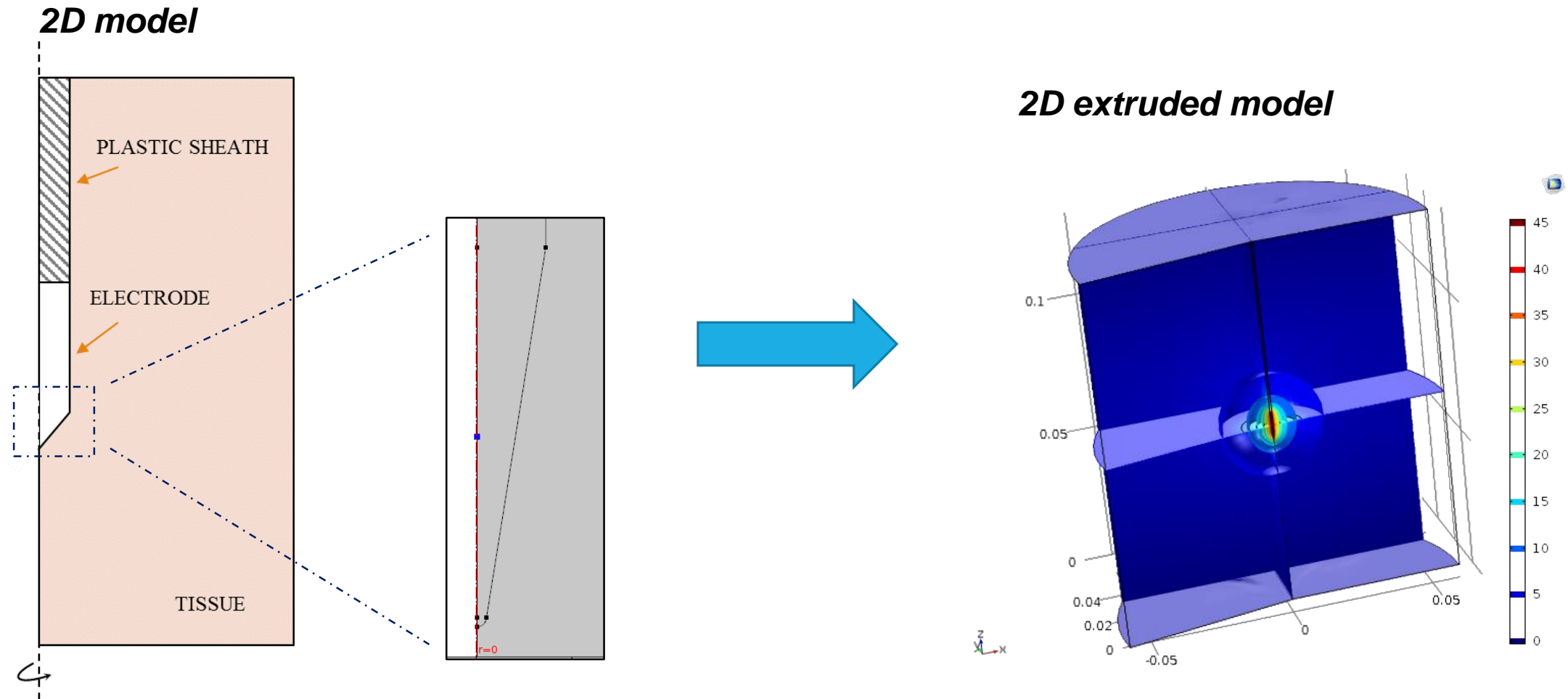


Motivation

- Computational validation of two different pulse protocols for pulsed radiofrequency used in clinical pain management
- Analysis of thermal and electric performance in function of pulse characteristics
- Assessment of temperature control on electric effect in tissue



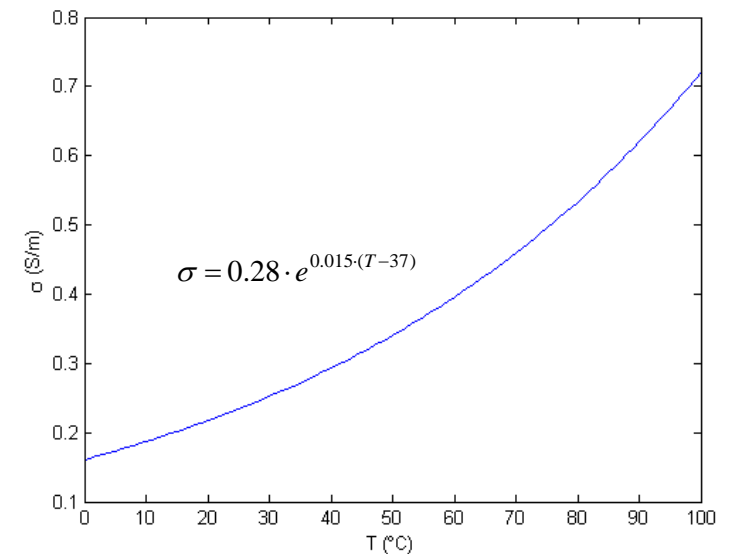
COMSOL – model geometry



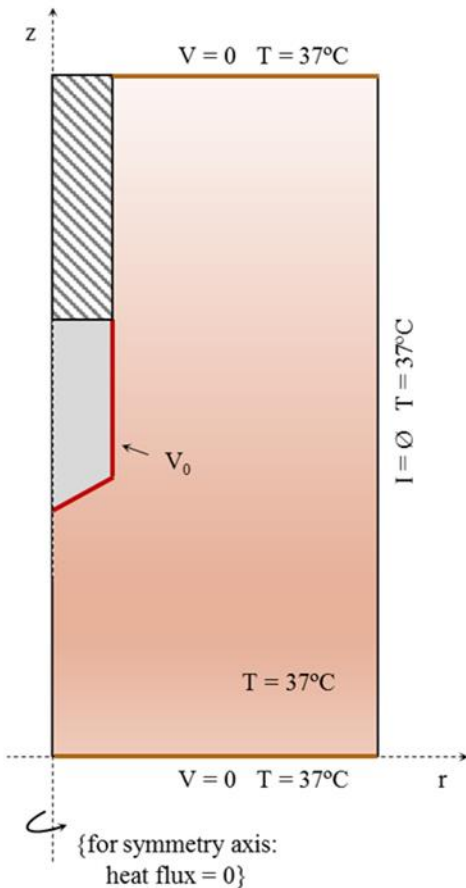
COMSOL – model assumptions

Material	σ S/m	k W/(m·K)	ρ kg/m ³	c J/(kg·K)
Tissue	0.28	0.49	1090	3421
Plastic	10 ⁵	0.026	70	1045
Electrode	7.4×10 ⁵	15	8×10 ³	480

- Homogeneous tissue
- Constant thermal conductivity, k
- ***Temperature dependent electrical conductivity, σ***



COMSOL – coupled physics



Heaviside function: $flc2hs(T, scale)$

Electric Problem

$$\nabla \cdot (\sigma(T) \nabla V) = 0$$

$$\mathbf{E} = -\nabla V$$

$$q = \sigma(T) |\mathbf{E}|^2$$

Thermal Problem

$$\rho c \frac{\partial T}{\partial t} = \nabla \cdot (k \nabla T) + q + Q_P$$

$$Q_P = -\beta \omega \rho c (T_a - T)$$

$$\beta = \begin{cases} 1, & \Omega \leq 4.6 \\ 0, & \Omega > 4.6 \end{cases}$$

Pulse protocols for PRF

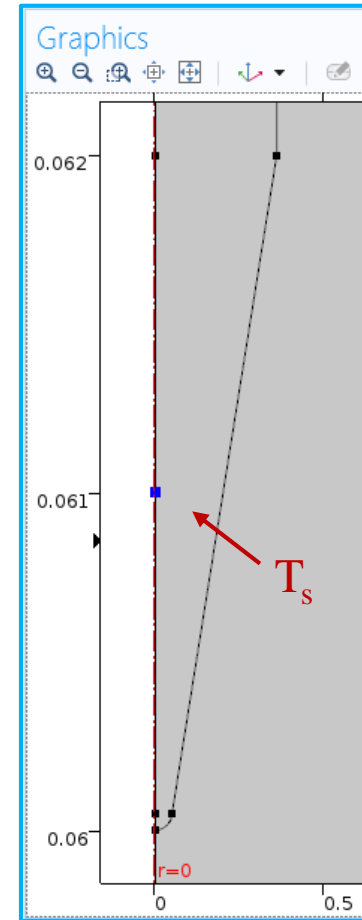
Thermal damage

$$\Omega(t) = \int_0^{\tau} A e^{\frac{-\Delta E}{RT}} ds$$

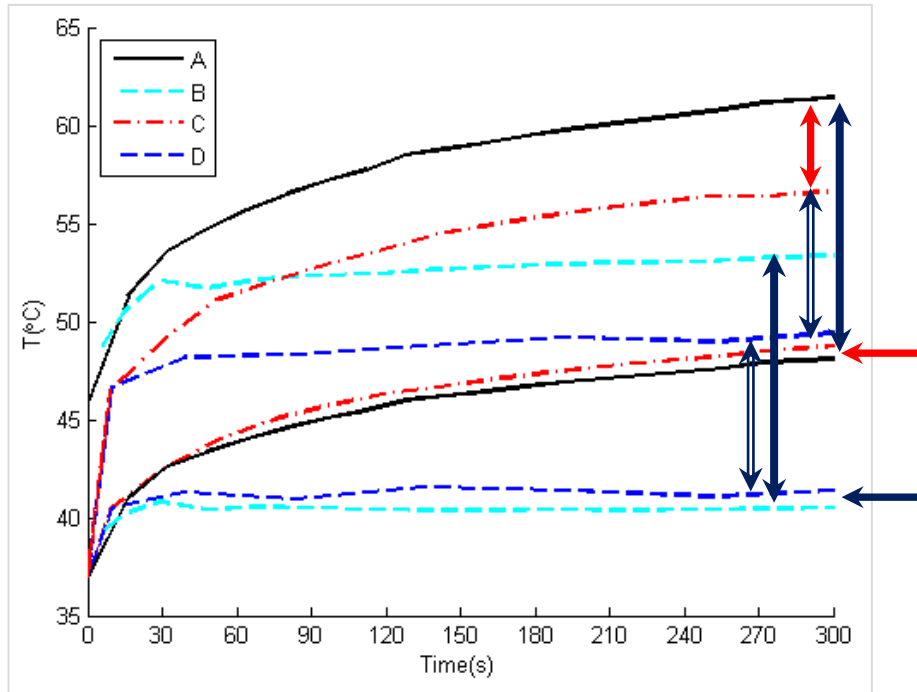
Temperature controller

$$v(t_i) = \alpha v_i$$

$$\alpha = \begin{cases} 1, & T_s < 42^\circ\text{C} \\ 0, & T_s \geq 42^\circ\text{C} \end{cases}$$



Thermal performance



	A	B	C	D
Pulse duration [ms]	20	20	5	5
Repetition frequency [Hz]	2	2	5	5
Voltage [V]	45	45	55	55
Temperature controller (TC)	-	+	-	+

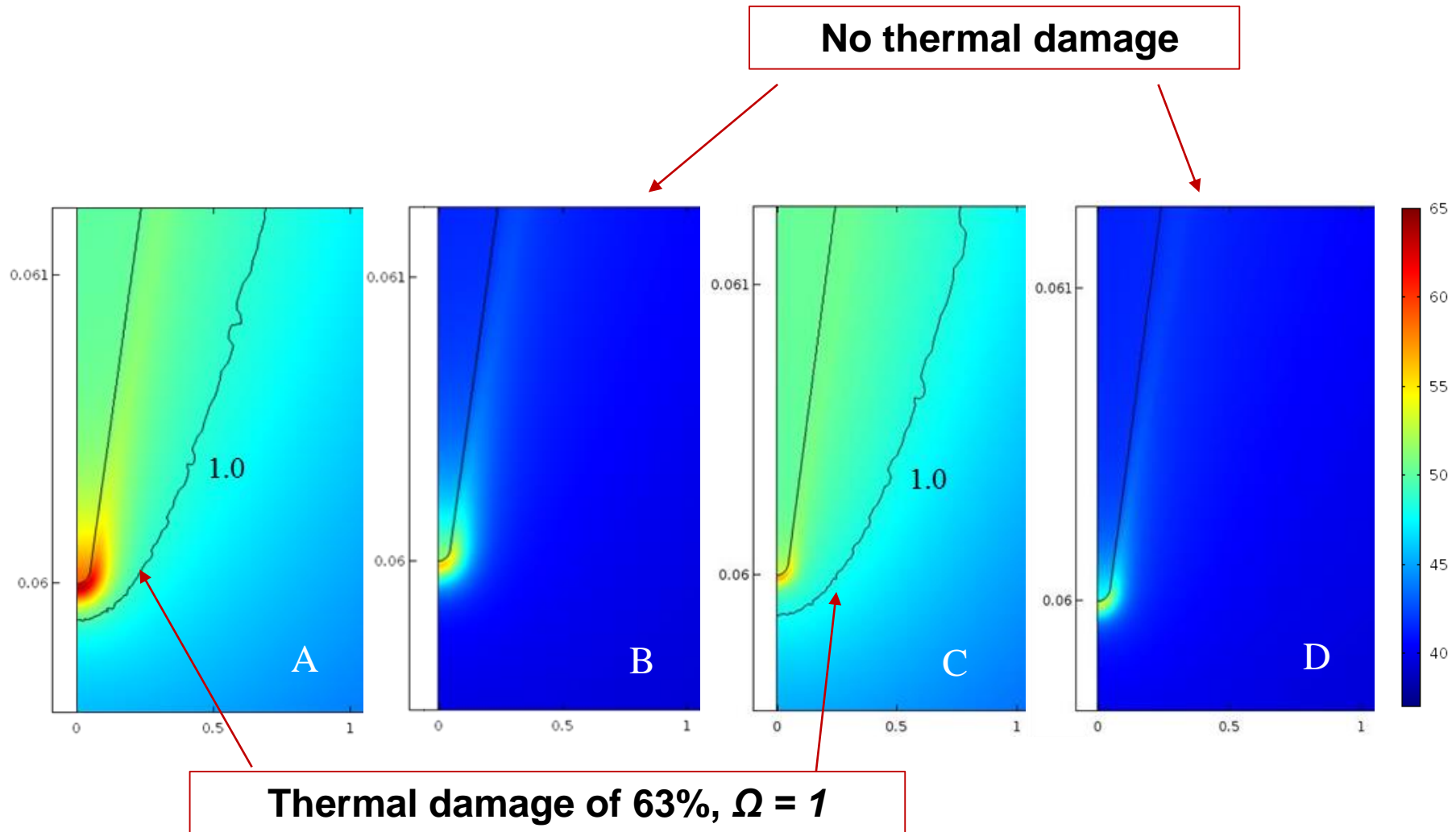
No temperature controller

- Maximal temperature reduced by 5°C
- No change in minimal temperature distribution (~49°C)

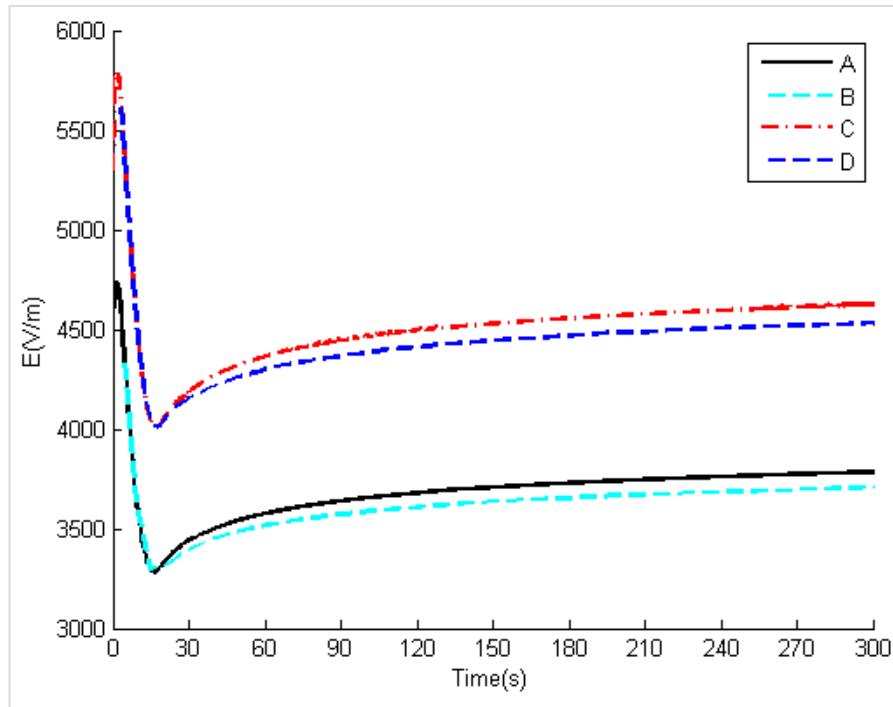
Temperature controller

- Minimal temperatures maintained at ~42°C
- Temperature range unchanged

Thermal damage



Electrical performance



N° pulses reduced

↓53.8%

↓57.5%

- Higher magnitude of electric field for higher voltage independently on temperature control
- No change in electric field magnitude in the presence of temperature controller

Conclusions

- Determination of changing material properties ($\sigma(T)$) and other parameters by means of specific functions (*flc2hs*)
- Pulse of shorter duration implies tissue temperature reduction and benefits the electric effect in tissue
- Temperature controller is needed to avoid the risk of thermal lesion

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