

MULTIPHYSICAL MODELING OF ELECTRODE-DRIVEN RENAL DENERVATION FOR HYPERTENSION TREATMENT

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AGENDA

- **Introduction**

- Renal Denervation (RDN) as a treatment for Hypertension
- Radio Frequency (RF) catheter-based solution for RDN

- **Methods**

- *Ex-vivo* bench setup for ablation performance evaluation
- Schematic view of *ex-vivo* vs *in-vivo* systems and electrical circuit model
- Numerical modeling of the *ex-vivo* bench setup
 - Geometry reconstruction
 - Governing equations – Model parameters
 - Boundary conditions
 - Domain discretization

- **Results & Discussion**

- *Ex-vivo* bench setup: ablation patterns and temperature profile
- Numerical modeling: ablation patterns and temperature profile
- Comparison between numerical results and experimental data

- **Conclusions & Future Developments**



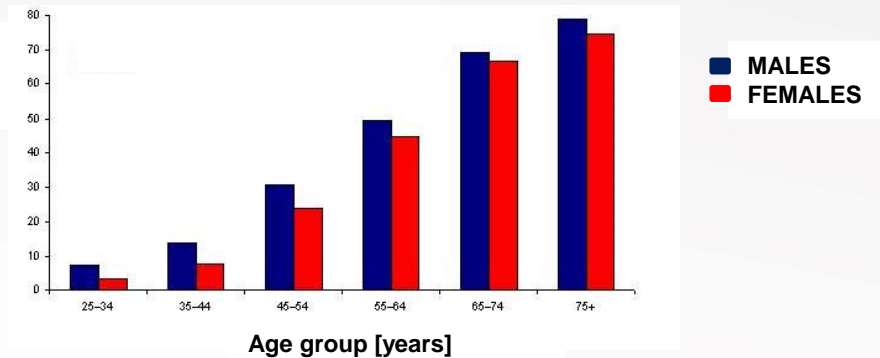


INTRODUCTION:

Renal Denervation (RDN) as a treatment for Hypertension

Hypertension (HTN): chronic elevated arterial blood pressure (BP) affecting ~ 1.5 billion people worldwide

Population %age with hypertension:
systolic BP > 140 mmHg
diastolic BP > 90 mmHg



Activation of Renal Sympathetic Nerves: responsible for BP increase via blood vessels vasoconstriction

Percutaneous Sympathetic RDN: safe and effective therapy resulting in substantial BP improvement in patients with resistant HTN (2 year follow-up*)

(*) Renal sympathetic denervation in patients with treatment-resistant hypertension (The Symplicity HTN-2 Trial): a randomised controlled trial. *The Lancet* 4 December 2010 (Volume 376 Issue 9756 Pages 1903-1909)





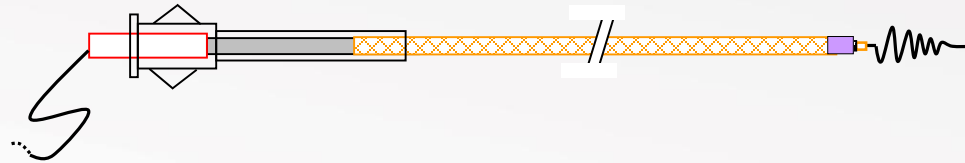
INTRODUCTION:

Radio Frequency (RF) catheter-based solution for RDN

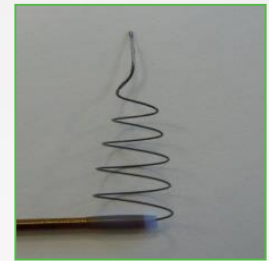
RF GENERATOR



CATHETER BODY

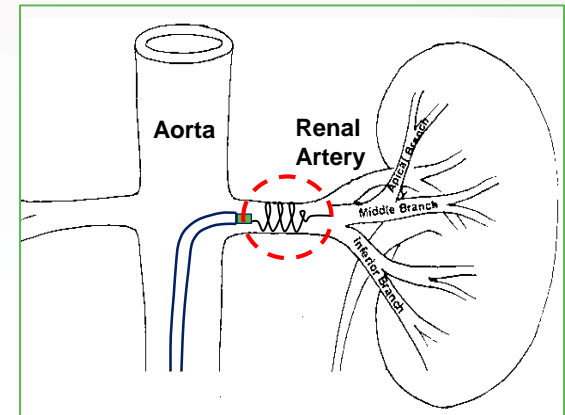


STENT



RF ablation damages tissues via electric energy converted into thermal energy

- NiTi Stent System connected to 460 KHz RF generator
- Stent System delivered and deployed into renal artery
- Nerve Ablation via RF energy





METHODS:

***Ex-vivo* bench setup for ablation performance evaluation**

1. Test setup:

- Saltwater bath
- Tissue preparation – porcine renal arteries in fixture
- Sample Setup

2. Test run:

- Place ground plate underwater
- Submerge tissue & catheter in saltwater bath
- Run ablation

3. Inspection:

- Visually inspect vessel
- Identify ablation lesions





METHODS:

Ex-vivo bench setup for ablation performance evaluation

Salt Water Bath

Saline water:



Concentration: 5 g / L

Total water volume: 12.5 L

Water pump



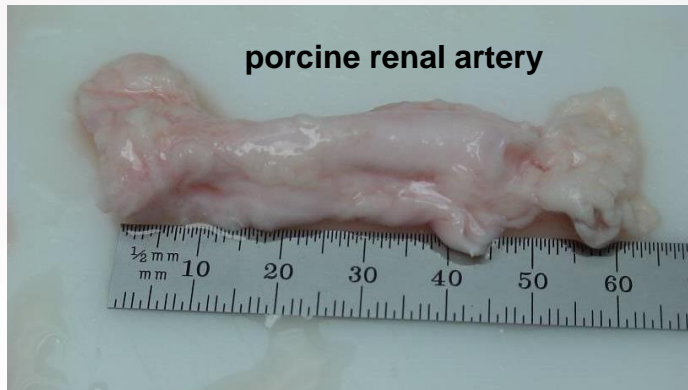
300 mL / min



➤ **METHODS:**

Ex-vivo bench setup for ablation performance evaluation

Tissue Preparation: porcine renal artery in fixture

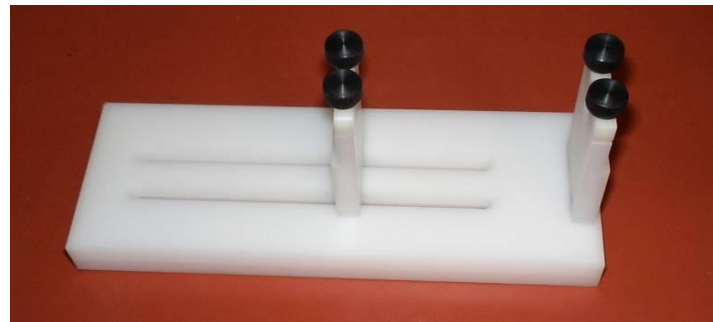


Working Length Measurement



Inner Diameter Measurement

Fixture

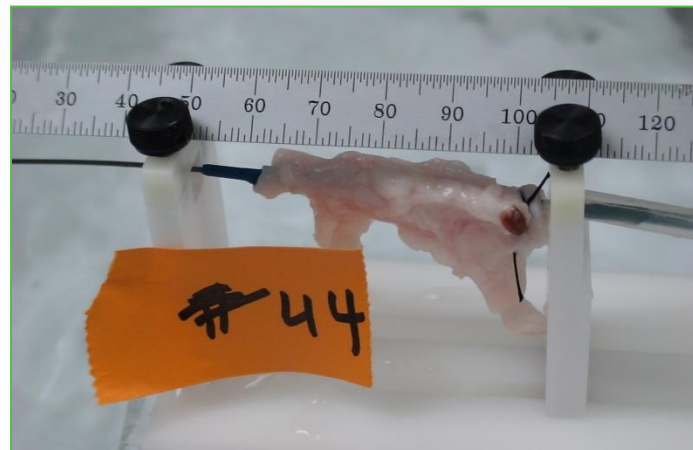
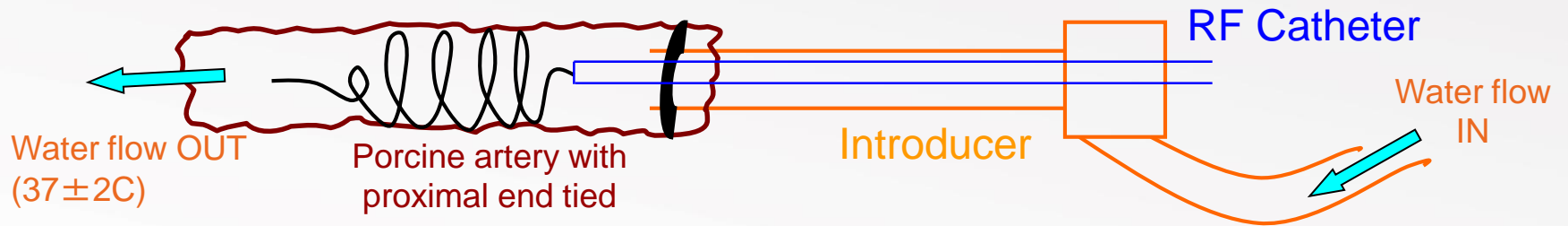




METHODS:

Ex-vivo bench setup for ablation performance evaluation

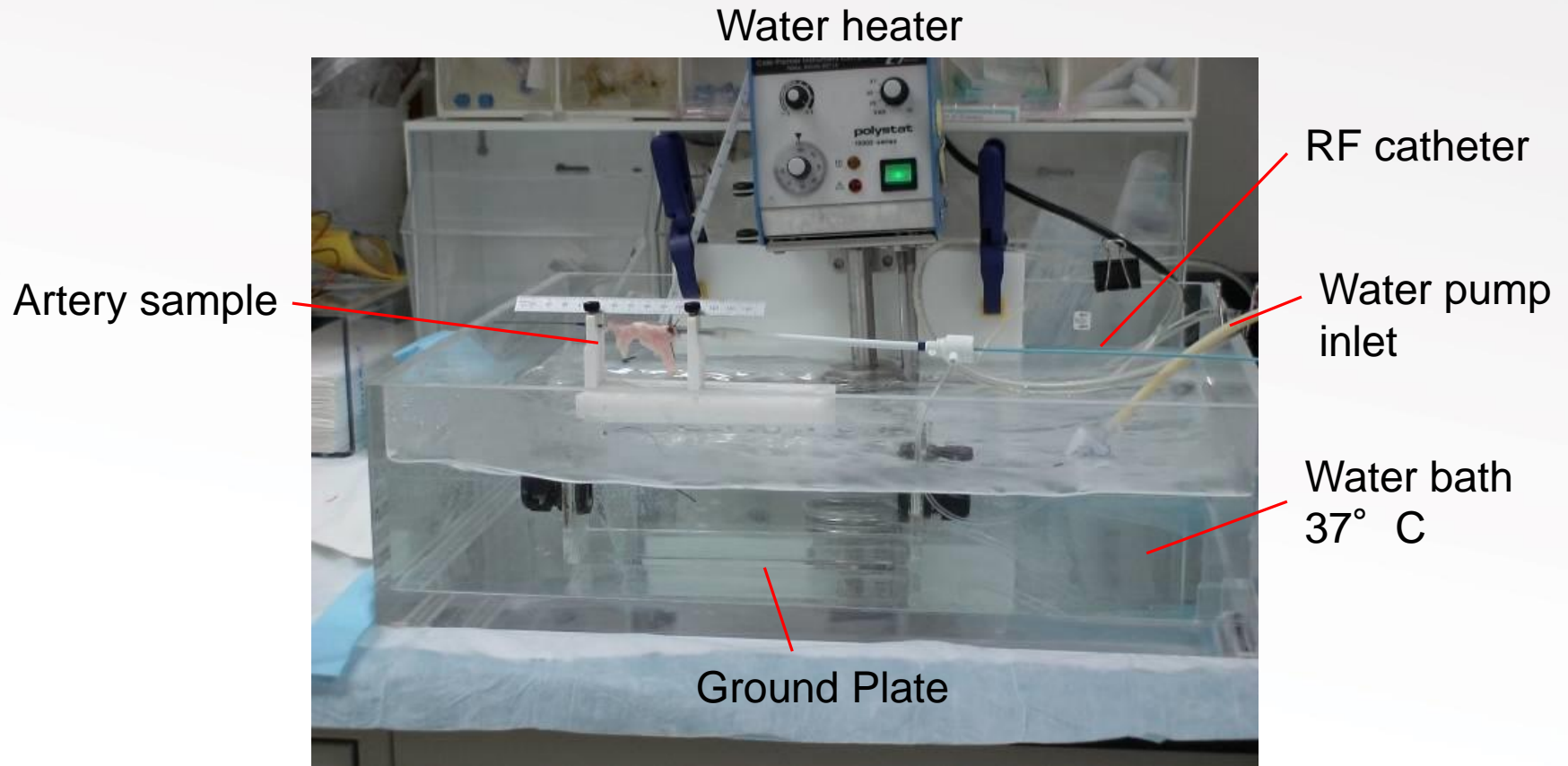
Sample Setup



➤ **METHODS:**

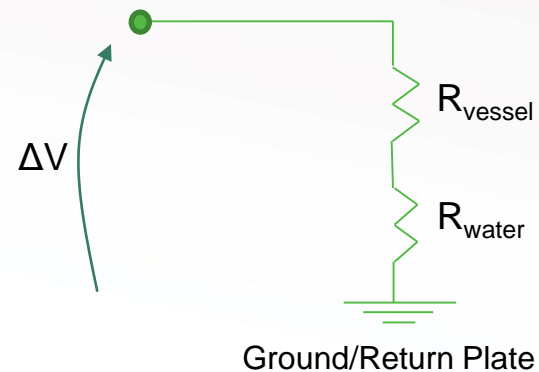
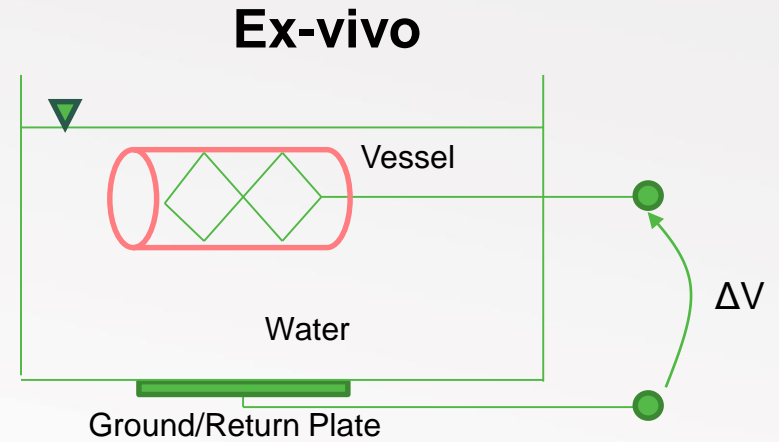
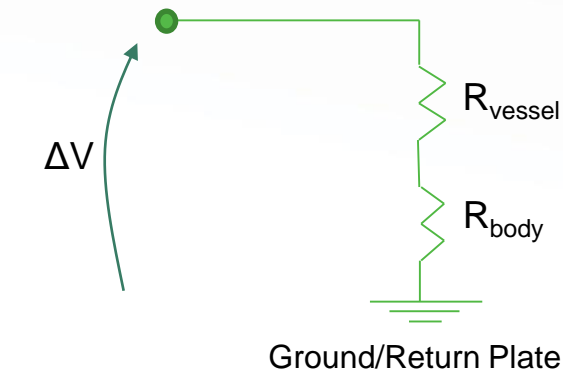
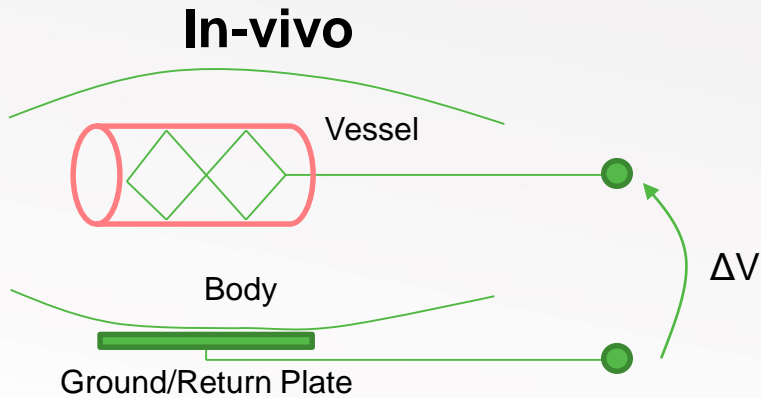
***Ex-vivo* bench setup for ablation performance evaluation**

Sample Setup: catheter ready to run



➤ METHODS:

Schematic view of *ex-vivo* vs *in-vivo* systems and electrical circuit model



RF generator delivers voltage (ΔV) at constant power setting and measures the overall impedance of the system

➤ METHODS:

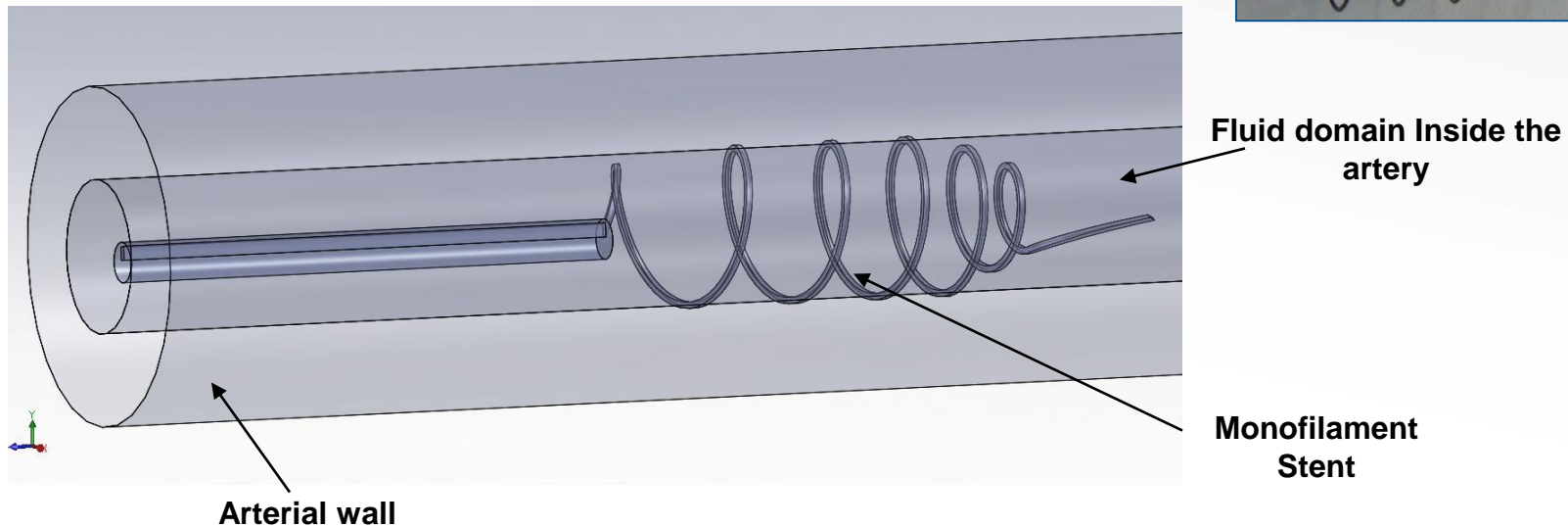
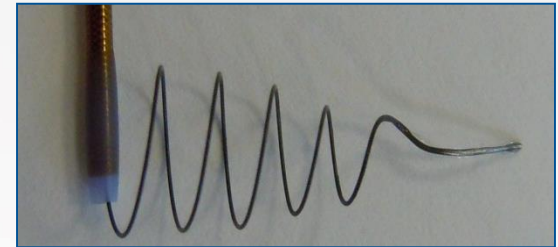
Numerical modeling of the *ex-vivo* bench setup:

→ Geometry reconstruction

CAD reconstruction of the simplified domains:

- “**Monofilament**” (MF) **stent geometry**: from in-house prototypes
- **Artery domain**: 5 mm inner diameter / 50 mm length

Arterial wall: 3 mm thickness

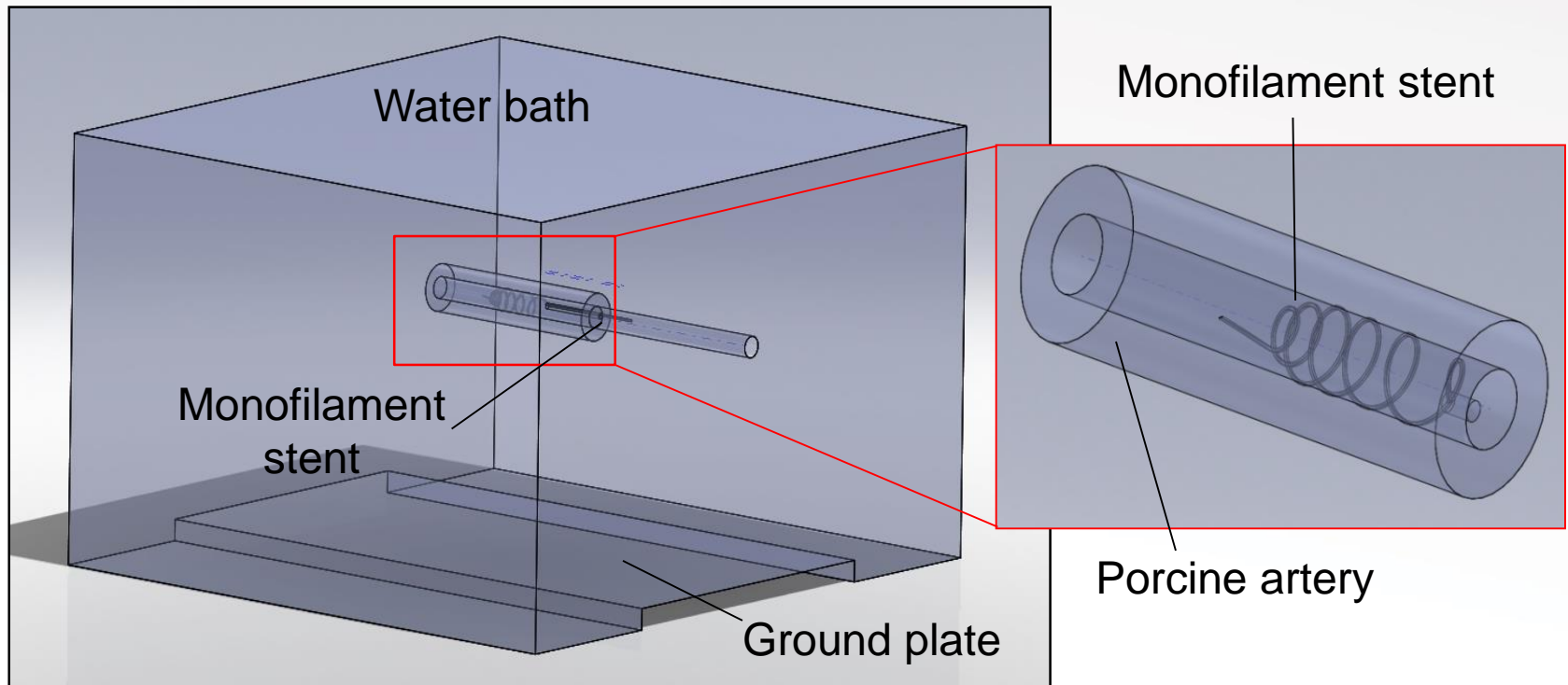


➤ METHODS:

Numerical modeling of the *ex-vivo* bench setup:

→ Geometry reconstruction

- *Ex-vivo* water bath with ground plate from Santa Rosa *ex-vivo* bench setup

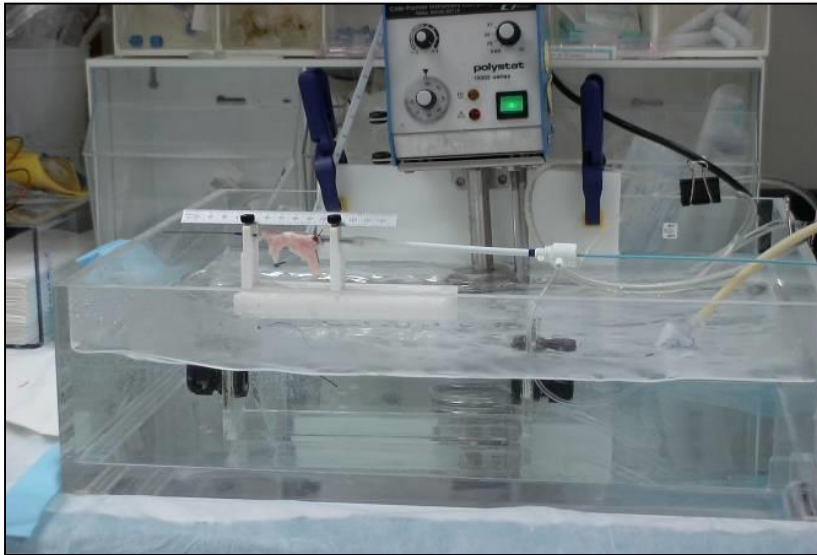


➤ METHODS:

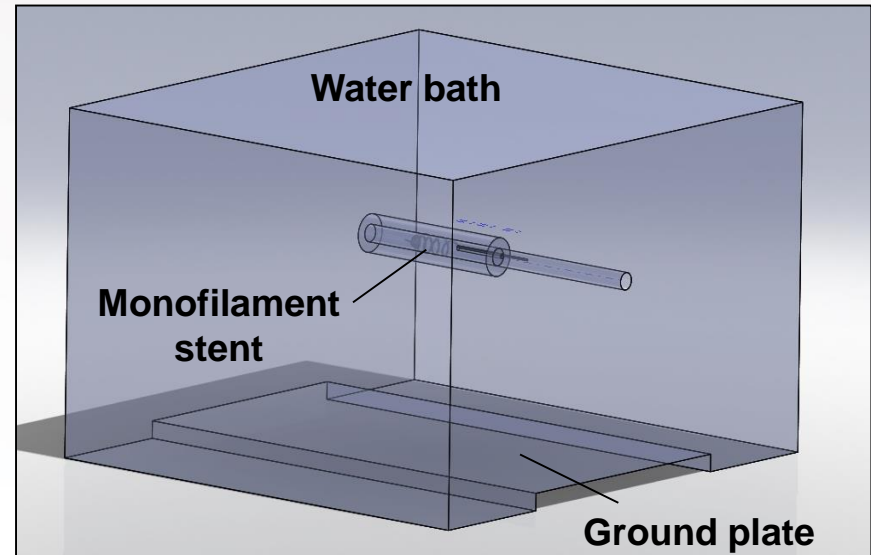
Numerical modeling of the *ex-vivo* bench setup:

→ Geometry reconstruction

BENCH SETUP



CAD RECONSTRUCTION



➤ METHODS:

Numerical modeling of the *ex-vivo* bench setup:

→ Governing equations – Model parameters

Fluid flow (*Transient analysis*):

- Navier Stokes $\rho \left(\frac{\partial v}{\partial t} + v \nabla v \right) = -\nabla p + \mu \nabla^2 v + f$
- Mass balance $\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho v) = 0$

Hp { Fluid model: Newtonian, viscosity and density values from literature
Rigid arterial wall and stent model

Water and Arterial Wall properties (*)

Water density, ρ_w	999.7 [Kg/m ³]
Vessel density, ρ_v	1060 [Kg/m ³]
Water dynamic viscosity, μ	6.67 *10 ⁻⁴ [Pa*s]

(*) *The Biomedical Engineering HandBook, Second Edition*.Ed. J. D. Bronzino Boca Raton: CRC Press LLC, 2000;
Distribution of blood viscosity values and biochemical correlates in healthy adults, Clinical Chemistry 42: 1996
Mostafa H.et al., *Thermophysical Properties of Seawater: A Review of Existing Correlations and Data, Desalination and Water Treatment*, 2010

➤ METHODS:

Numerical modeling of the *ex-vivo* bench setup:

→ Governing equations – Model parameters

Heat Transfer (*Transient analysis*):

$$\underbrace{\rho C_p \frac{\delta T}{\delta t}}_{\text{Inertial Effects}} + \underbrace{\rho C_p u \nabla T}_{\text{In blood Heat Convection}} = \underbrace{\nabla \cdot (K \nabla T)}_{\text{In tissue Heat Conduction}} + \underbrace{J E}_{\text{RF related Joule Loss Energy}}$$

$$\nabla(\sigma + j\omega\epsilon_r\epsilon_0) \cdot \nabla V = 0$$

C_p : specific heat [J/kg*K]
 K : thermal conductivity [W/m*K]
 T : temperature [K]
 J : current density [A/m²]
 E : electric field intensity [V/m]
 u : water velocity [m/s]
 ρ : density [kg/m³]
 ϵ_r : Relative Permittivity
 ϵ_0 : Vacuum Permittivity
 σ : Electrical conductivity
 ω : Frequency
 V : Voltage

Parameter	Water properties (*)	Arterial wall properties (*)
Specific Heat, c_p	4129 [J/kg*K]	3600 [J/kg*K]
Thermal Conductivity, K	0.63 [W/m*K]	0.512 [W/m*K]
Electrical conductivity, σ	0.83 [S/m]	0.25 [S/m]
Relative Permittivity, ϵ_r	81	1*10 ⁷

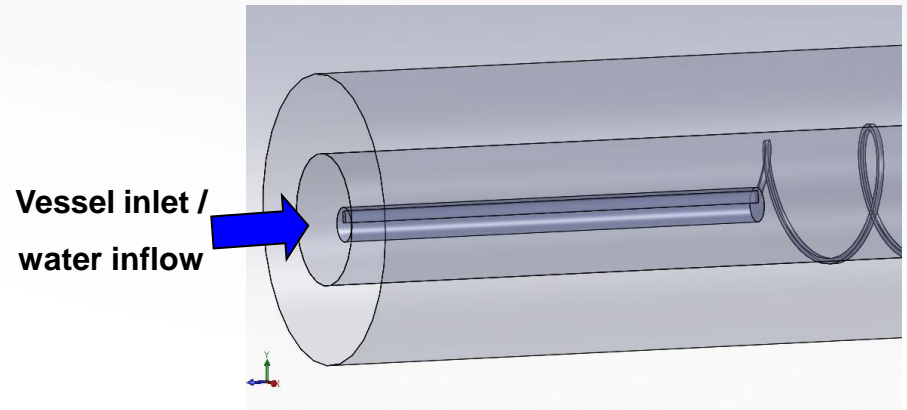
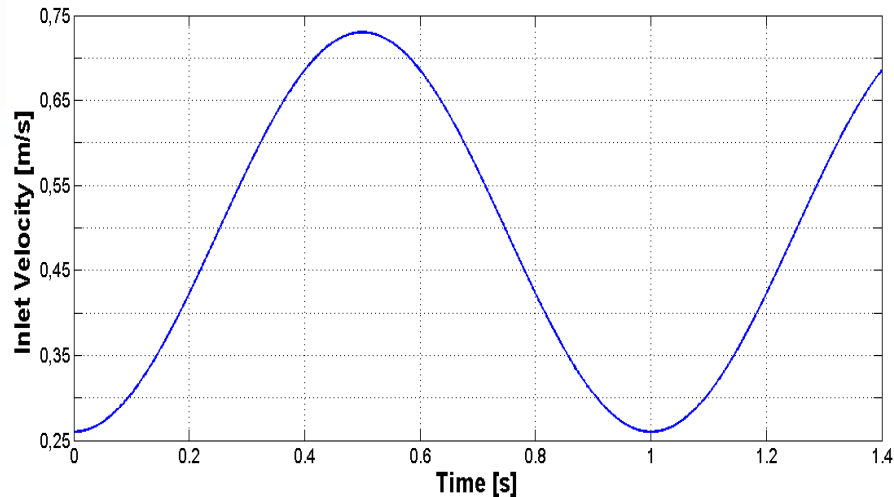
➤ METHODS:

Numerical modeling of the *ex-vivo* bench setup:

→ Boundary conditions

$Re_{max} = 1070 \rightarrow$ **Laminar fluid flow** (90 seconds transient analysis)

- Pulsatile (60 bpm) diastolic-systolic velocity prescribed at *vessel inlet* (water inflow)
- Renal diastolic and systolic blood velocity values taken from literature (*)



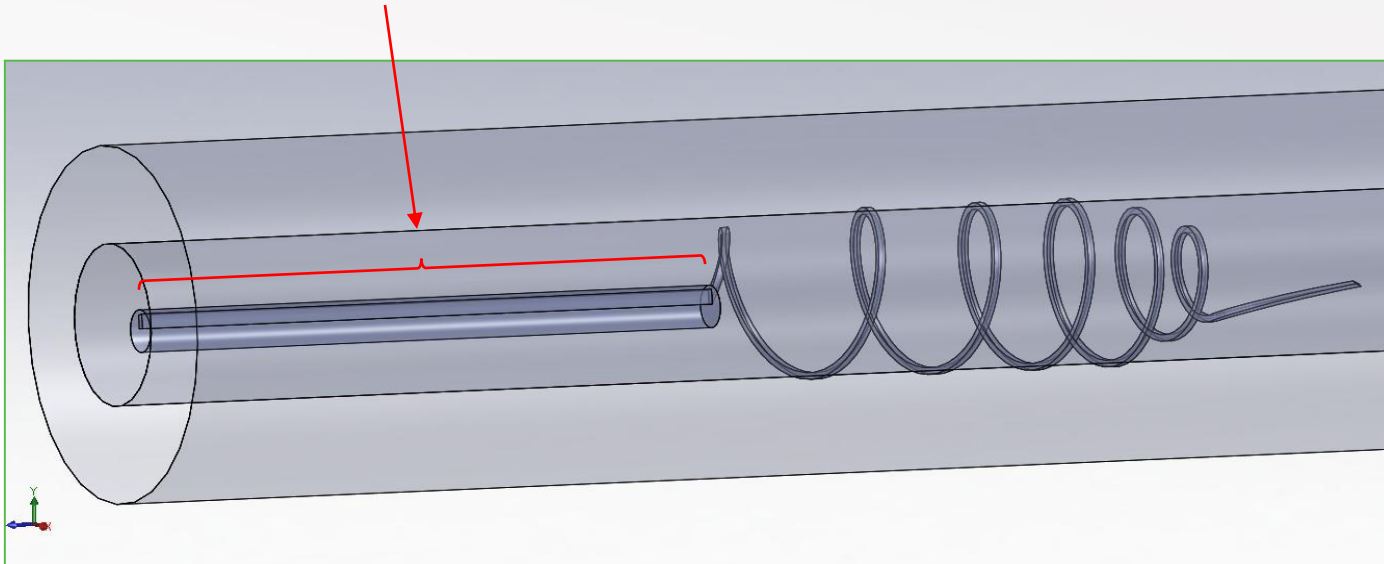
(*) *The Biomedical Engineering Handbook, Second Edition*. Ed. J. D. Bronzino Boca Raton: CRC Press LLC, 2000;
Distribution of blood viscosity values and biochemical correlates in healthy adults, Clinical Chemistry 42: 1996

➤ METHODS:

Numerical modeling of the *ex-vivo* bench setup:

→ Boundary conditions

- Catheter body equivalent electrical resistance (approx. 30 Ω):



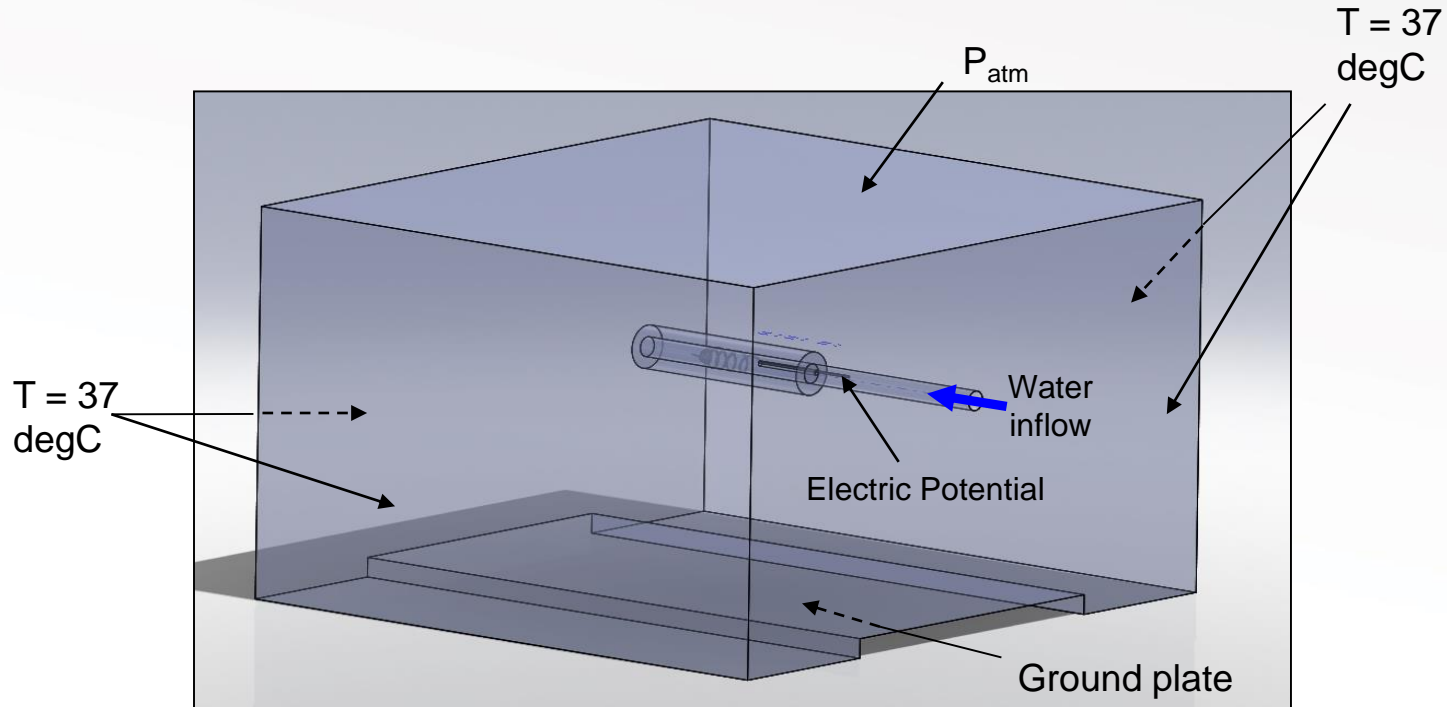
$$\text{Electrical Resistance} = \frac{\text{conductor length}}{(\text{conductor cross section}) * (\text{electrical conductivity})}$$

➤ METHODS:

Numerical modeling of the *ex-vivo* bench setup:

→ Boundary conditions

- Constant pressure (P_{atm} , no viscous stress) at *vessel outlet*
- No slip at *vessel* and *stent walls*
- 40W RF Generator power setting delivered via electric potential



➤ CFD & Heat Transfer coupled simulations

Methods: Boundary Conditions

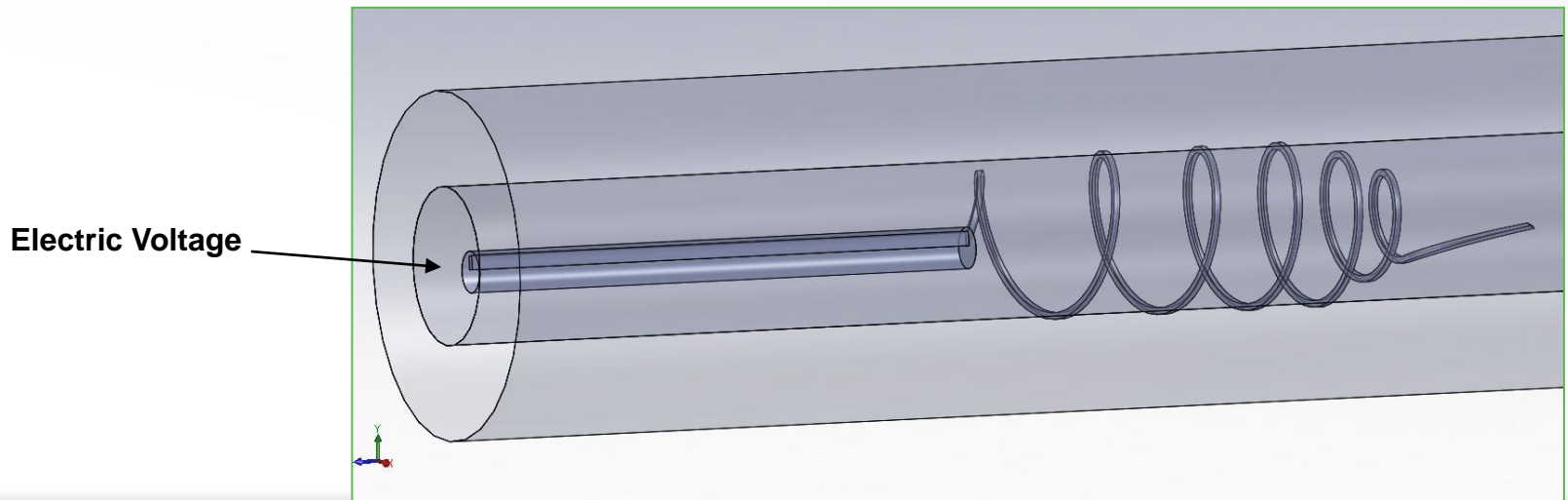
- **Electric Voltage** applied to *stent inlet surface* so that:

$$\text{Power Loss}_{3D \text{ domain}} + \text{Power Loss}_{\text{Catheter body}} = \text{RF Generator Wattage}$$

Global Equations

$f(u, u_t, u_{tt}, t) = 0, u(t_0) = u_0, u_t(t_0) = u_{t0}$

Name	f(u, u_t, u_{tt}, t) (1)	Initial value (t	Initial value (t	Description
VV	(intop1(jh.Qrh)-Power)[1/W]	1	0	



➤ METHODS:

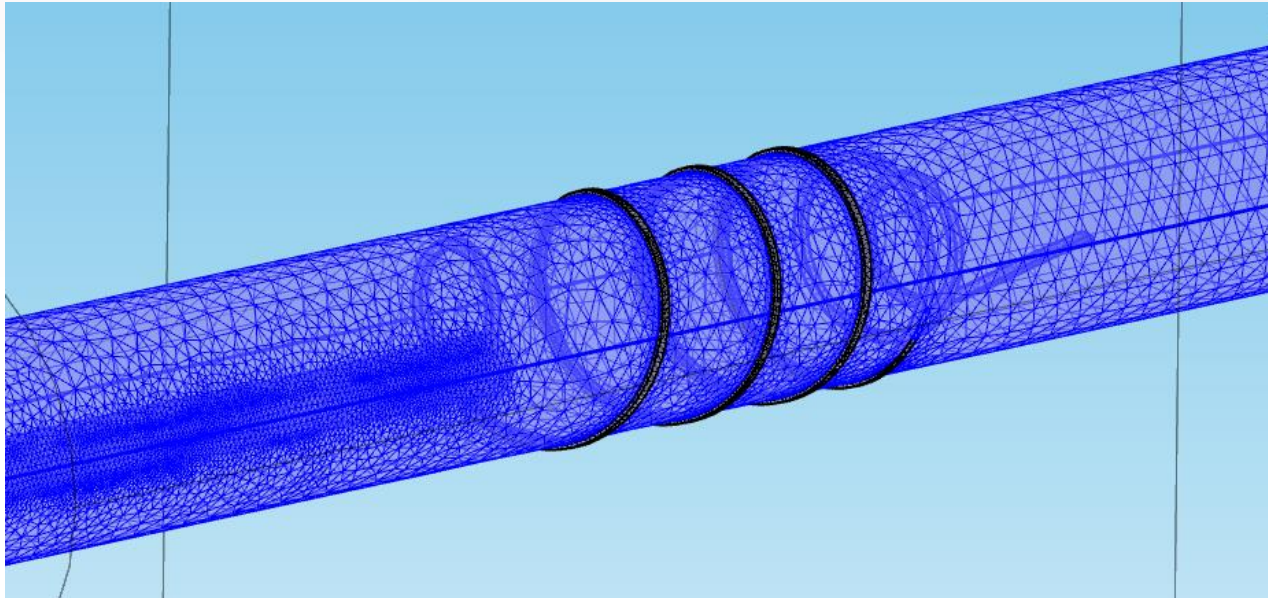
Numerical modeling of the *ex-vivo* bench setup:

→ Domain discretization

Mesh → 599655 tetrahedral elements

Average element quality $q^{(*)} = 0,81$

User-controlled mesh refinement in sharp regions



$${}^{(*)}q = \frac{72\sqrt{3V}}{(\sum_1^6 h^2_i)^{3/2}} ; \text{ where } V \text{ denotes element volume} \\ \text{and } h \text{ denotes side lengths.}$$





RESULTS & DISCUSSION:

Ex-vivo bench setup: ablation patterns and temperature profile

RF Ablation Test					Ablation Results			
Test #	PWR [W]	Time [sec]	Proximal Ø [mm]	Distal Ø [mm]	Score 1 = none / light 5 = heaviest	Lesion length [mm]	Temp [C]	Comments
101025-01	60	60	3,683	2,794	4,5	15		Very heavy, well-done lesion. Brown color, 2 deep wire grooves. "Pop" heard & seen during ablation.
101025-02	50	90	4,6736	3,683	1		43	
101025-03	50	120	4,9276	4,7752	1		51	Temp increased 36-51C for first 60sec; Avg 51C for last 60sec
101025-04a	50	120	6,35	6,223	1		41	
101025-04b	50	120	6,35	6,223	1		43	
101025-05a	60	120	6,35	5,08	1,5		48	
101025-05b	60	120	6,35	5,08	2,5	8	50	
101025-06	70	60	3,302	2,1336	4,5	10	40-75	Imp: increases 98-105, Avg 101Ω; Temp: increased 40-75C
101025-07	70	70	3,302	2,2352	5,5	15	49-84 range	Generator spontaneously stopped at 1:10min. Imp: 104Ω avg; increase to 200 in last 15 sec. Temp: Variable - see profile. Range = 49-84C
101025-08	60	90	3,302	1,5748	2	10	49	
101025-09	65	60	4,3434	2,794	3	15	50	
101025-10	65	120	5,08	4,4196	1		43	Temp increased 40-46; Avg 43C.
101025-11	65	120	4,3688	2,032	1		45	
101025-12	65	90	4,9276	2,2352	2	7	47	
101025-13	80	90	3,6322	2,794	4	13	57	Temp: increased 40-62C w/in first ~30sec; Avg 57C from 30-90 sec.
101025-14	80	62	3,6322	1,7272	3	15	43-70 ↓70-63	Temp: increased 43-70C from 1-45sec; Decreased 70-63C from 45-60sec.
101025-15	70	60	3,6322	2,794	3	20	49 & 65	Temp: Avg 49C for first 35 sec; Avg 65C from 40-60 sec.

- Variable ablation score (from 1 to 5) with a few heavy lesions.
- Total impedance measured between 90-100 Ω in most cases.



➤ RESULTS & DISCUSSION:

Ex-vivo bench setup: ablation patterns and temperature profile

Test # 13 chosen as reference for validation of numerical simulations

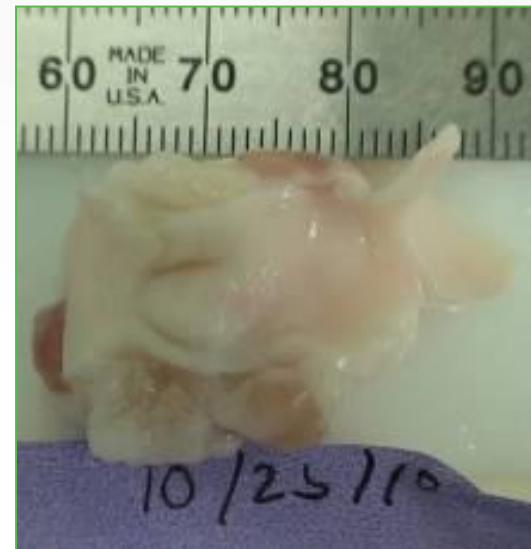
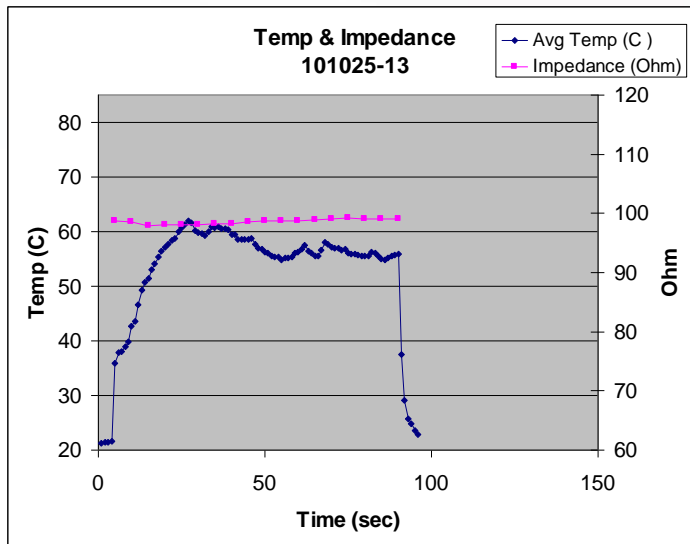
Power: 40W

Time: 90 seconds

Impedance: ~ 100 Ω

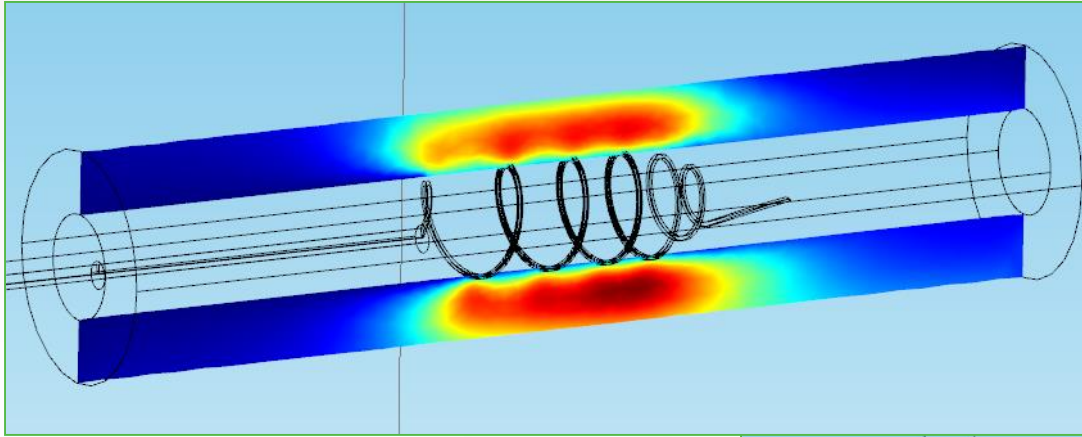
Rating: 4

Average Temperature: ~ 57 degC from 30 to 90 seconds → measure taken with “in situ” thermo-couple

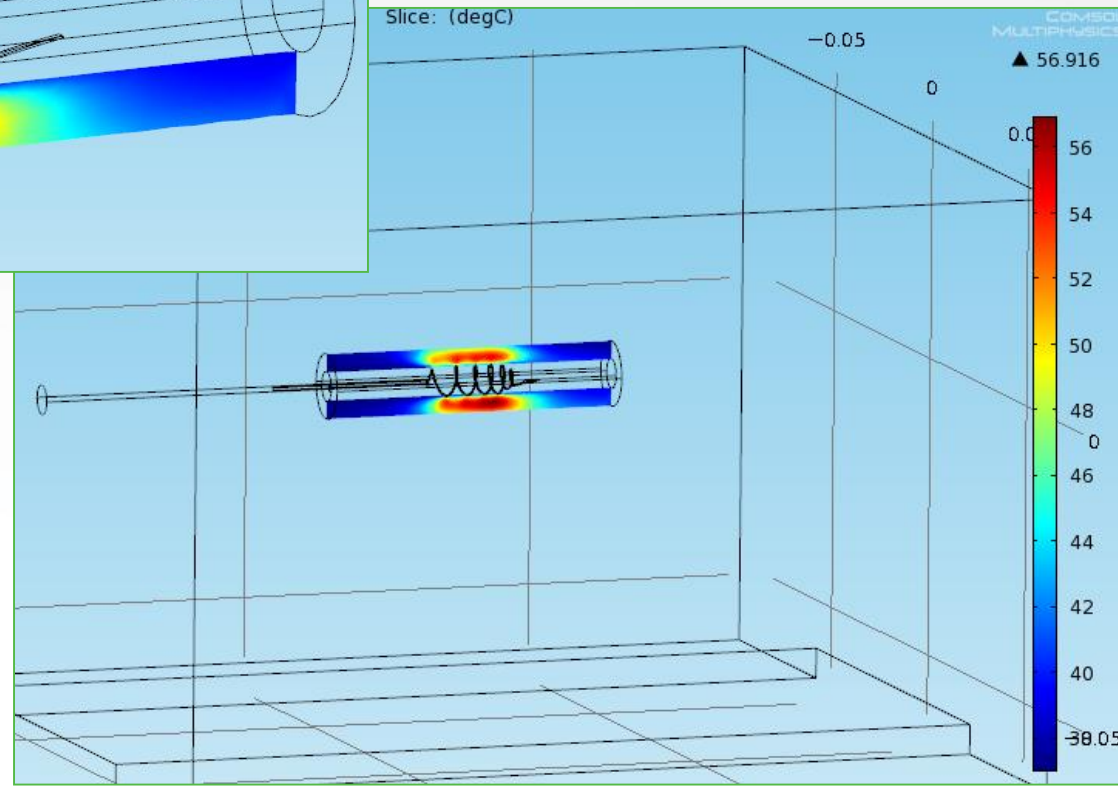


➤ RESULTS & DISCUSSION:

Numerical modeling: ablation patterns and temperature profile



TEMPERATURE SURFACE PLOT [degC]
(vessel longitudinal cross-section)



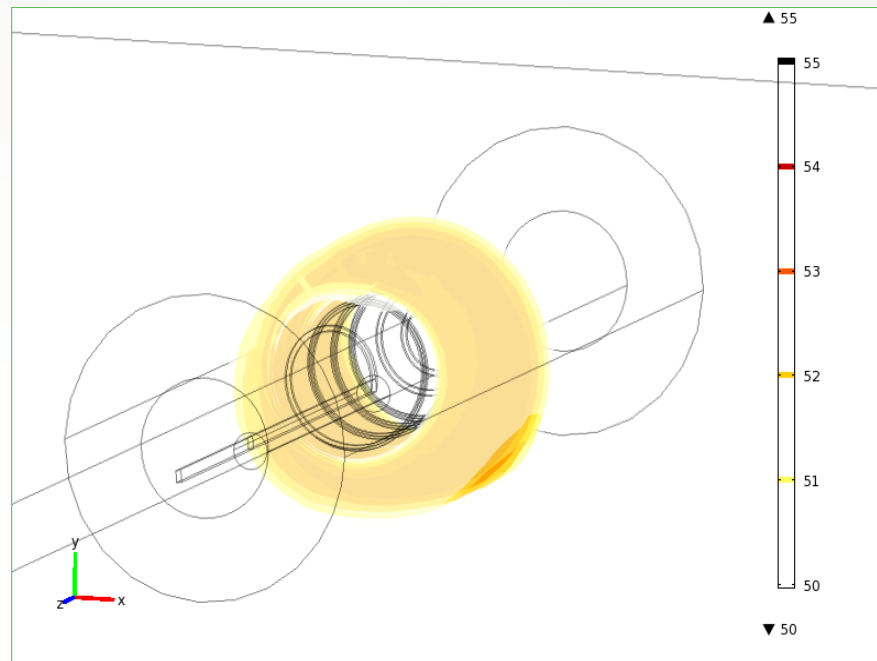
- Symmetrical ablation pattern on vessel wall circumference
- Lower temperature values close to water flow, due to convective cooling effect of water flow

➤ RESULTS & DISCUSSION:

Numerical modeling: ablation patterns and temperature profile

50 degC isotherm surfaces → used for approximation of ablation zone boundaries^(*)

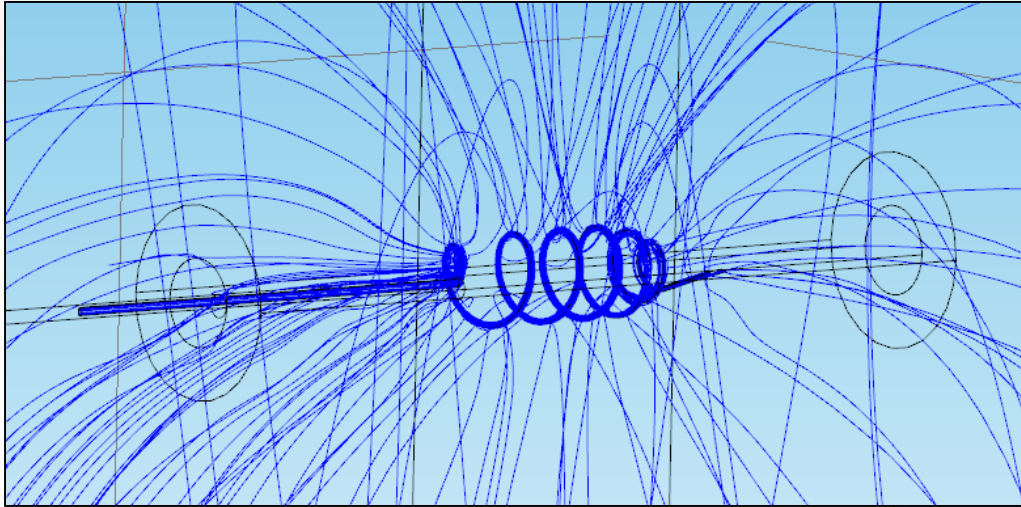
TEMPERATURE ISOSURFACE PLOT [degC]
(vessel wall)



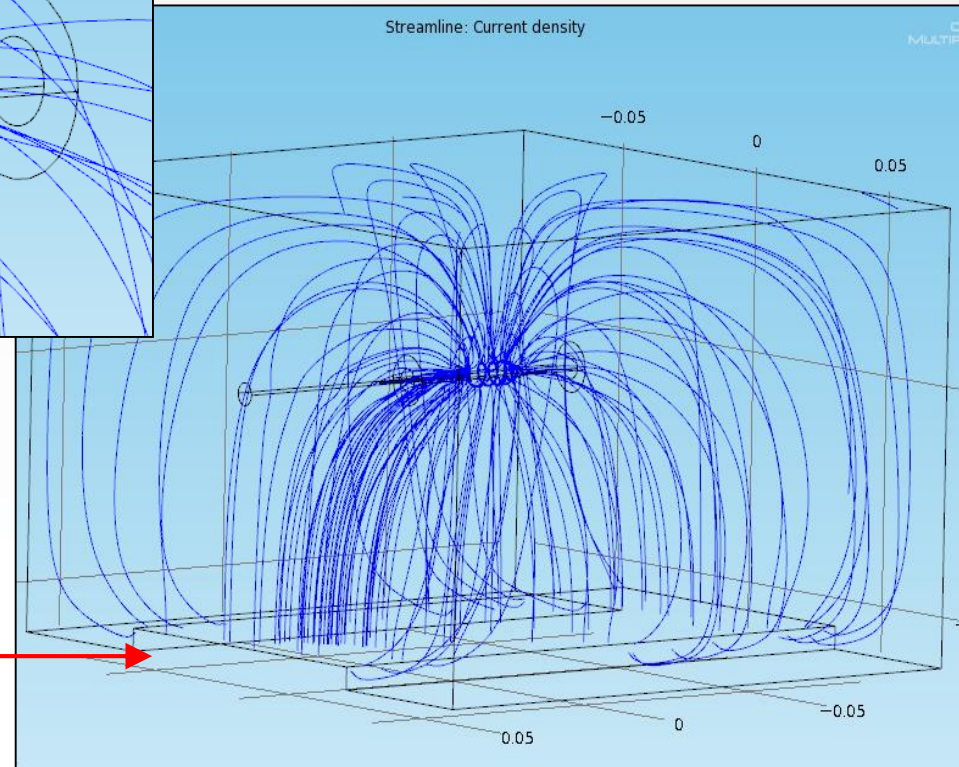
^(*) Haemmerich D. "Biophysics of Radiofrequency Ablation", Crit Rev Biomed Eng, in press, 2010

➤ RESULTS & DISCUSSION:

Numerical modeling: ablation patterns and temperature profile



CURRENT DENSITY STREAMLINES PLOT



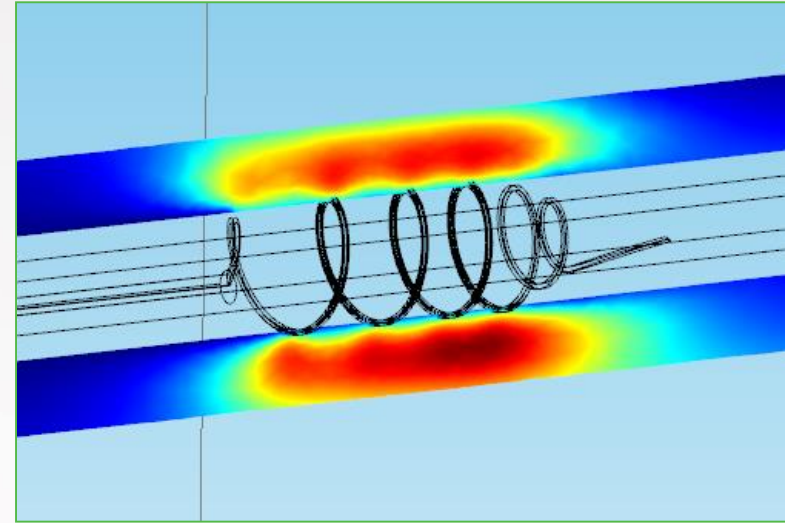
Electric current flows through the artery wall and the water, reaching the ground plate on the bottom of the water bath.



➤ RESULTS & DISCUSSION:

Comparison between numerical results and experimental data

- SIMILAR ABLATION PATTERN IN ARTERIAL VESSEL WALL



- SIMILAR ABLATION TEMPERATURE IN ARTERIAL VESSEL WALL

	Temperature [degC]	
Time [s]	Test # 13	Simulations(*)
60	~56	~57
90	~56	~59

(*) Maximum temperature value in vessel wall domain

➤ CONCLUSIONS & FUTURE DEVELOPMENTS:

CONCLUSIONS → COMPARISON BETWEEN *EX-VIVO* BENCH TESTING AND SIMULATION RESULTS PROVES THE FEASIBILITY OF VALIDATION OF TISSUE ABLATION NUMERICAL MODEL

→ VERSATILE MEANS TO REPRODUCE SEVERAL DESIGNS AND OPERATING CONDITIONS

FUTURE DEVELOPMENTS

- Specific tissue parameter fine tuning
(e.g., Temperature dependent tissue properties, better-defined NiTi properties)
- Refinement of RF generator modeling
- Better interaction with experimental bench setup
(e.g., *ex vivo* temperature recording refinement)





**THANK YOU FOR YOUR
ATTENTION**



The background of the slide features a teal-to-blue gradient with various medical devices overlaid in a semi-transparent style. These include a catheter with a spiral coil, a long thin tube, a circular mesh structure, and a small mechanical component with a handle.

Backup Slides

Marco Miliani

R&D Sr. Project Engineer

➤ Finite Element Analysis of an RDN stent

Model limitations

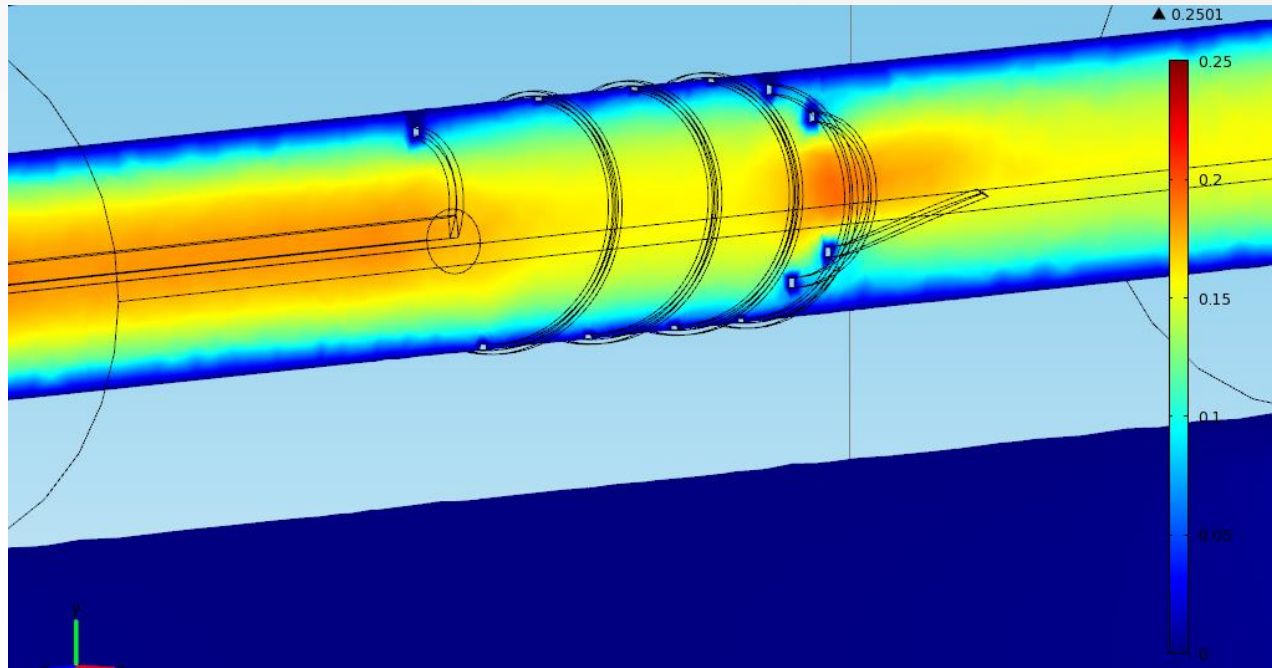
- Model geometries are simplified
- Temperature-dependent changes in tissue and blood properties are neglected (i.e. thermal and electrical properties)
- The model does not account for changes in tissue conductivity by assessing tissue damage
- Not considered the impact of other blood vessels close to the ablation site



➤ CFD & Heat Transfer coupled simulations

Methods: Boundary Conditions

VELOCITY SURFACE PLOT IN PORCINE ARTERY





Innovating for life.